

## **Skin Type Assessment Quiz**

**Genetic Predisposition** 

Questions	0	1	2	3	4	Score
What are the color of your eyes?	Light blue, gray or green	Blue, gray or green	Blue	Dark brown	Brownish, black	
What is the natural color of your hair?	Red	Blonde	Dark blonde or light brown	Dark brown	Black	
What is the color of your skin (not exposed areas)	Redish	Very pale	Pale with beige tint	Light brown	Dark brown	
Do you have freckles on non-exposed areas?	Many	Several	Few	Less than few	None	
					Total Score for Genetic Predisposition:	
			Sun Exposure			
What happens when you stay in the sun too long?	Painful, redness, blistering, peeling	Blistering followed by peeling	Burns sometimes followed by peeling	Rare burns	Never had burns	
To what degree do you turn brown?	Hardly or not at all	Like colored tan	Resonable tan	Tan very easy	Turn dark brown quickly	
Do you turn brown within several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always	
How does your face react to the sun?	Very sensitive	Sensitive	Normal	Very resistant	Never a problem	
					Total Score for Sun Exposure:	
			Tanning Habits			
When did you last exposure your body to sun? (or artificial sun lamp or cream)	More than 3 months ago	2-3 months ago	1-2 months ago	Less than a month ago	Less than 2 weeks ago	
Did you expose the area to be treated to the sun?	Never	Hardly ever	Sometimes	Often	Always	
					Total Score for Tanning Habits:	
					Add up the total scores from each section:	

**Signature Of Patient** 

**Date** 

Name of Patient (please print)